

MAY 2019-HIGHSCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken nuggets Mac & cheese Corn, lettuce tomatoe Ketchup, Bbq	2 Potroast Sweet roll, peas-carrots Mashed Potatoes, Gravy Ketchup	3 Pizza crunchers Confetti cookie lettuce, tomatoes Corn, ranch
6 Chicken patty, hamburger buns Sweet potato chunks Vegetables, Ketchup, Mayo, ranch	7 Sweet n Sour chicken Yellow rice Vegi blend, coleslaw Sweet roll	8 Baked Ziti Parmesan Shredded cheese Garlic Toast, ranch romaine lettuce, tomato	9 Pizza crunchers Corn, Batter bites, cookie ranch <i>EARLY RELEASE</i>	10 Chicken Tenders Romaine lettuce, tomato Corn, mashed potato Bbq, ketchup
13 Chicken Nuggets, corn Sidewinder fries, bbq Lettuce, tomatoes Ketchup, ranch	14 Ropa Veja Black Beans, Rice Plantains sweet roll	15 Cheeseburger, hamburger Bun, cheese, fries Vegetables, Ketchup, mustard	16 Chicken Chop chop Yellow rice, sweet roll Vegetables Curry sauce, ranch	17 Pizza Fruit sidekick Romaine lettuce, tomatoes Corn, ranch
20 Meatball Sub Romaine lettuce, tomato Corn, Sidewinder fries ketchup	21 Chicken parmesan Broccoli, tomatoes Lettuce, Garlic Toast	22 Pulled pork Black Beans, Rice Plantains sweet roll	23 Lasagna Broccoli, tomatoes Lettuce, Garlic Toast	24 Pizza crunchers Confetti cookie lettuce, tomatoes Corn, ranch
27 <i>NO SCHOOL</i>	28 Tortilla Soft Taco , shredded cheese Shredded lettuce, tomatoes Refried beans, taco sauce	29 Popcorn chicken bowl Mashed potatoes Corn, gravy, sweet roll	30 Beef hotdog, buns Baked beans, peas n carrots Onion rings, ketchup mustard	31 Pizza Fruit sidekick Romaine lettuce, tomatoes Corn, ranch

Available Daily: Fresh or Can Fruit/ Choice of apple, grape, or orange juice/ Choice of chocolate, white or strawberry milk

Warm Panini Station

Turkey & Cheese
Ham & Cheese

Salad Bar

