



SOMERSET ACADEMY



OCTOBER 2019

MENU SUBJECT TO CHANGE

| Mon | Tue | Wed | Thu | Fri |
|--|---|---|---|---|
| | 1 BEEF TACO TORTILLA CHEESE REFRIED BEANS LETTUCE & TOMATOES FRUIT & MILK | 2 CHICKEN TEMDERS MAC & CHEESE NORMANDY BLEND FRUIT & MILK | 3 POPCORN CHICKEN MASH POTATOES GRAVY PEAS & CARROTS FRUIT & MILK | 4 PIZZA SIDEWINDER FRIES ROMAINE/TOMATOES ICEE FRUIT & MILK |
| 7 CHEESE BURGER HAMBURGER BUN ONION RINGS CORN FRUIT & MILK | 8 PULLED PORK & RICE BLACK BEANS PLANTAINS DINNER ROLL FRUIT & MILK | 9 NO SCHOOL TEACHER PLANNING DAY  | 10 CHICKEN TEMDERS MASH POTATOES GRAVY NORMANDY BLEND FRUIT & MILK | 11 PIZZA CRUNCHER SIDEWINDER FRIES ROMAINE/TOMATOES FRUIT & MILK |
| 14 CHICKEN NUGGETS MAC & CHEESE NORMANDY BLEND FRUIT & MILK | 15 POT ROAST MASH POTATOES/ GRAVY BROCCOLI FRUIT & MILK | 16 PARMESAN CHICKEN SALAD DINNER ROLL GREEN BEANS FRUIT & MILK | 17 EARLY RELEASE CHEESE BURGER FRENCH FRIES CORN FRUIT & MILK | 18 PIZZA SIDEWINDER FRIES ROMAINE/TOMATOES FRUIT & MILK |
| 21 CHICKEN PATTY HAMBERGUER BUN SWEET POTATOES FRIES NORMANDY BLEND FRUIT & MILK | 22 SOFT TACOS REFRIED BEANS LETTUCE & TOMATOES CHEESE FRUIT & MILK | 23 SWEET & SOUR CHICKEN YELLOW RICE VEGGIE BLEND DINNER ROLL FRUIT & MILK | 24 CHICKEN TEMDERS MASH POTATOES CORN FRUIT & MILK | 25 PIZZA CRUNCHER SIDEWINDER FRIES ROMAINE/TOMATOES FRUIT & MILK |
| 28 CORN DOG BAKED BEANS ONION RINGS GREEN BEANS FRUIT & MILK | 29 CHICKEN CHOP CHOP YELLOW RICE VEGETABLES CURRY SAUCE FRUIT & MILK | 30 BAKE ZITY SALAD GARLIC TOAST PARMESAN CHEESE FRUIT & MILK | 31 FRIED CHICKEN MASH POTATOES GRAVY COLESLAW CORN SWEET ROLL FRUIT & MILK |  |